Cultivating Community
Youth Leadership Intensive: Cooking 2020 PROGRAM
APPLICATION

COMPLETED APPLICATIONS ARE DUE Wednesday, February 26th at 5 pm

Timeline:
- **Wednesday, February 26th at 5:00 pm**: Application must either be emailed to [anna@cultivatingcommunity.org](mailto:anna@cultivatingcommunity.org) OR mailed to PO Box 3792 Portland, ME 04104 OR dropped off at the Cultivating Community office: 62 Elm St in Portland.

- Friday February 28th: We will review the applications, make decisions, and call or email you.

- Wednesday, March 4th: First Day of Program

- Wednesday, April 22nd: Last Day of Program

Contact Information:
If you have any questions, please contact Anna Sommo at 761-4769 x803 or [anna@cultivatingcommunity.org](mailto:anna@cultivatingcommunity.org) or in person at our office at 62 Elm St in Portland. This is where the internship will be meeting regularly.

We are happy to answer questions and help!
What is the Youth Leadership Intensive (YLI) Cooking Program?

YLI Cooking is a paid internship where youth work together to take action in the Portland community around issues of food justice by cooking healthy meals for those in need. Youth also have the opportunity to build their leadership and teamwork skills through cooking and meet new people.

Schedule:

- **March 4th - April 22nd**  Wednesdays 2:30-5:30 *cooking and nutrition education* at Logan Place- 52 Frederic St

We are also planning two other trips on Saturdays:

- Cross- country ski trip and visit to Lots to Gardens Program in Lewiston
- Visit to The Food Project in Lynn, MA

You can earn a $250 stipend for your full participation in this internship.

The goals of the program:

- Learn cooking, nutrition and kitchen skills
- Learn teamwork and leadership skills
- Provide healthy food to those who need it
- Make new friends and meet new people!
Part Two: Application Questions

Return this page!

Please answer all questions thoughtfully and to the best of your ability. If you need more space to write, feel free to use another piece of paper or the back of the page.

Return completed applications to us via email, mail or in person. Applications must be received by Wednesday, February 26th at 5:00 pm. Your reference form must be dropped off at Cultivating Community by the same time. Please write clearly so that I can read your handwriting and put accurate contact information.

Name: ____________________________________________

Address: __________________________________________

Telephone: __________________________ Email: _____________

High School: __________________________ Grade: ____________

1 Have you applied for or participated in a Cultivating Community program in the past?

2 Why are you interested in this program?

3 Why are you interested in learning about cooking, health and nutrition?

4 Do you like to work as a team with other high school students? Are you someone who likes to take the lead in a group or are you someone who enjoys following directions from other people?

5 Do you like to cook and learn about food? Remember that cleaning up is an important part of cooking!
6 What do you want to improve about yourself to become a better leader? **List two or three things.**

7 What are you proud of? What do you like about yourself?

8 How do you help make a place where people can really be themselves and feel proud of who they are?

9 YLI is a place where we have the opportunity to meet new people and get to know people who aren’t already our friends. Can you work with people that you don’t know and get to know new people?

10 Can you fully commit to participating in this entire program, on Wednesdays after school and on 2 Saturday? Please explain any other things you are doing that might mean you could not come to every meeting.
Part Three: Cultivating Community 2020 Youth Programs Reference Form

Applicant:
Please give this form to an adult who knows you well but is not a member of your family, like a teacher, coach, or employer. Explain to this person why you want to participate in Youth Leadership Intensive. Ask the person to fill out this form and either give it back to you or bring it to Cultivating Community by Wednesday, February 26th. The address is 62 Elm St if you are going to drop it off or P.O. Box 3792 Portland, ME 04104 if you are going to mail it. Scan and email to anna@cultivatingcommunity.org.

Reference Writer:
Thank you for taking the time to offer your perspectives on this applicant. Please read the descriptions below and then respond to the questions about the applicant.

If you have any questions please contact Anna Sommo at 207-761-4769 or anna@cultivatingcommunity.org.

Name of Applicant:__________________________________________________________________________________
Name of Reference:__________________________________________________________________________________
Title:__________________________________ Organization/School:_________________________________________
Email:_______________________________________________  Phone:____________________________

Program Description
YLI is a paid internship where youth work together to learn about cooking and nutrition and serve people in need in the Portland community. Youth also have the opportunity to build their leadership skills and meet new people.

1. How long and in what capacity have you known this person?

2. What do you think are the strengths of this person? What do you think they bring to a group of their peers?

3. What do you think this person will contribute to this program? What challenges do you think they might face?

4. Do you think this person is able to work well in a group of other students? Are they able to work with new people and branch out from their friends?

Thank you for your time and insights.